



CrossRoads Camp  
& Conference Center  
2247 Little Piney Road  
Lowesville, Virginia 22967

Office: (434) 277-8465  
Fax: (434)277-5901  
Email: [crossroads@crossroadsgccc.com](mailto:crossroads@crossroadsgccc.com)  
Website: [www.crossroadsgccc.com](http://www.crossroadsgccc.com)

## A Typical Day of Family Adventure Camp at CrossRoads

During Family Adventure Camp we ask all attendees to participate in worship, Bible study, and Mission Adventures. All other activities are optional. Families can participate in the planned activities or spend time relaxing together as they wish.

7:15 AM	<b>Rise &amp; Shine</b> Wake up, get dressed, and work together to clean-up the cabin.
8:15 AM	<b>Morning Vespers</b> We start the day with cabin roll call and a high-energy worship service in the creek-side Vesper Garden.
8:45 AM	<b>Breakfast</b> Enjoy a hot breakfast like pancakes, eggs, and sausage. There is always cereal, milk, juice, and fruit too.
9:30 AM	<b>Mission Adventures</b> Travel with your family to meet missionaries. You will play games, learn about their ministry, and experience the culture of the people with which they work. Campers also have an opportunity to express their creativity through crafts.
10:30 AM	<b>Challenge Course</b> Work together with other families to complete several low ropes obstacles together. This activity encourages problem solving and teamwork.
11:45 AM	<b>Hike</b> Counselors guide families on a short hike.
12:30 PM	<b>Lunch</b> Kid-friendly meals are served such as sandwiches, chicken fingers, and tacos. There are always fresh veggies to munch on too.
1:20 PM	<b>Quiet Time &amp; Rest</b> Campers experience an individual quiet time using a provided devotional guide. Families can use the remaining time how they wish—relax by the creek, play games on the cabin porch, or catch a few quick Z's.
2:25 PM	<b>Swim Time</b> Enjoy a dip in the pool or just relax in the sun with friends and family.
3:30 PM	<b>Canteen</b> Head to the Canteen, CrossRoads' camp store. You can purchase drinks, snacks, and CrossRoads souvenirs.
4:35 PM	<b>Bible Study</b> Counselors lead Bible Study in the cabin for campers. Bible studies are hands-on, active, age appropriate, and centered around the summer camp theme. Parents come together for their own Bible Study led by camp staff.
5:45 PM	<b>Dinner</b> Baked chicken and pasta are family favorites for dinner. Desserts and salad bar are available. Friday night is an all-camp cookout in the field followed by s'mores over the open fire.
6:30 PM	<b>Color Wars</b> Campers compete in crazy team games for points and ribbons. Each camper and parent gets their own colored bandana to show team spirit.
7:30 PM	<b>Evening Worship</b> All-camp worship led by counselors. Worship usually includes praise music led by the staff band, a testimony, devotion, and other creative elements such as movie clips, or skits.
8:00 PM	<b>Evening Special Program</b> Each night is a different camp-wide event such as the Staff Talent Show or Campfire service.
9:00 PM	<b>Showers</b> Back to the cabin to get ready for bed and general goofing off until bedtime.
9:45 PM	<b>Cabin Devotions</b> Counselors lead a short devotion to help wrap up the day.
10:00 PM	<b>Lights Out</b> Parents are invited to a late night fellowship in the Meeting Lodge.