



CrossRoads Camp  
& Conference Center  
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## A Typical Day of Girls Camp & Coed Camp at CrossRoads

7:15 AM	<b>Rise &amp; Shine</b> Wake up, get dressed, and work together to clean-up the cabin.
8:15 AM	<b>Morning Vespers</b> We start the day with cabin roll call and a high-energy worship service in the creek-side Vesper Garden.
8:45 AM	<b>Breakfast</b> Enjoy a hot breakfast like pancakes, eggs, and sausage. There is always cereal, milk, juice, and fruit too.
9:40 AM	<b>Activity Session 1</b> Travel with your unit to a different activity each morning. You might hike to The Rock on Tuesday, meet a missionary from South Africa and do crafts on Wednesday, climb the Wall and complete the Challenge Course on Thursday, and visit with a Latino missionary family on Friday.
11:30 AM	<b>Activity Session 2</b> If you did the hike or adventure recreation during Session 1, you continue these activities during Session 2. If you visited a missionary during Session 1, you have Track Time during Session 2. During Track Time you choose an activity that interests you such as soccer, jewelry making, photography, archery, friendship bracelets, cooking, basketball, or Ultimate Frisbee. You participate in the same activity twice during the week.
12:30 PM	<b>Lunch</b> Kid-friendly meals are served such as sandwiches, chicken fingers, and tacos. There are always fresh veggies to munch on too.
1:20 PM	<b>Rotation 1—Canteen</b> <i>(Afternoon rotations vary based on your unit. A sample has been provided.)</i> Head to the Canteen, CrossRoads' camp store. You can purchase drinks, snacks, and CrossRoads souvenirs.
2:25 PM	<b>Rotation 2—Bible Study</b> Your counselors lead Bible Study in the cabin. Bible studies are hands-on, active, age appropriate, and centered around the summer camp theme.
3:30 PM	<b>Rotation 3—Swim Time</b> Enjoy a dip in the pool or just relax in the sun with friends.
4:35 PM	<b>Rotation 4—Quiet Time &amp; Rest</b> Campers experience an individual quiet time using a provided devotional guide and take a break before dinner to write letters home, read, or just rest.
5:45 PM	<b>Dinner</b> Baked chicken and pasta are camper favorites for dinner. Desserts and salad bar are available. Wednesday night is an all-camp cookout in the field followed by s'mores over the open fire.
6:30 PM	<b>Color Wars</b> Campers compete in crazy team games for points and ribbons. Each camper gets their own colored bandana to show team spirit.
7:30 PM	<b>Evening Worship</b> All-camp worship led by counselors or LITs. Worship usually includes praise music led by the staff band, a testimony, devotion, and other creative elements such as movie clips, or skits.
8:00 PM	<b>Evening Special Program</b> Each night is a different camp-wide event such as the Staff Talent Show, Campfire service, Pep Rally, Movie Night or Vespers
9:00 PM	<b>Showers</b> Back to the cabin to get ready for bed and general goofing off until bedtime.
9:45 PM	<b>Cabin Devotions</b> Counselors lead a short devotion to help wrap up the day.
10:00 PM	<b>Lights Out</b>